



Other Available Services on a First Come First Serve Basis:

- **Shower** - For those we don't have access to a shower or those needing an accessible shower. Clients needing help to shower are asked to bring a helper with them or have their homecare worker meet them here.
- **Washer and Dryer** - For those that need to wash a few loads and don't have access to this service. Laundry soap available.
- **Community Phone** - Free phone service for outgoing calls and private voice mail boxes available.
- **Computers** - With internet access.
- **Faxing and Photocopying** - Assistance as needed. Limited to 10 pages per day.
- **Meeting Rooms** - Free use of our meeting room for organizations in need of meeting space. Pre-book by calling 204-578-4800.



- Nurse Practitioner
- Service Navigator
- Community Health Nurse
- Community Mental Health Worker (Adult)
- Housing Resource Worker
- Addiction Services (AFM)
- Community Social Worker
- Cultural Facilitators
- Consumer Peer Support Facilitator
- Administrative/Clerical Staff
- Community Volunteer Income Tax Program (available March to September)

7th Street HEALTH Access Centre

20-7th Street
Brandon, MB • R7A 6M8

Ph: 204-578-4800
Fax: 204-578-4950

Hours of Operation:
11:00 am – 7:00 pm
Seven days/week

(closed on statutory holidays)

Date of Issue: March 2012
Date of Revision: November 2013
Document #: G569



Better Life, Better Health



Services Available

Nurse Practitioner

- Available for those who do not have a family physician/primary care provider.
- Diagnoses and manages acute and chronic health conditions.
- Orders and manages tests (blood work, X-rays, ultrasounds, Pap tests, swabs, etc.)
- Performs minor invasive and surgical procedures (skin biopsy, suturing, etc.)
- Prescribes needed medications.
- Connects clients to other staff and services as needed

Service Navigator

- Usually the first service provider you meet when you first come to the Centre for help.
- Assesses physical, social and emotional needs of clients.
- Helps problem solve, identify options and connect individuals with the right provider or resource.

Community Health Nurse (CHN)

- Helps people of all ages with their health needs.
- Talks to people about their health and ways to stay healthier for life.
- Refers people to others on the health care team to ensure the best care.
- Provides home/clinic/community resource visits.

Community Mental Health Worker (Adult)

- Helps people who are dealing with issues such as depression, anxiety, bipolar disorder, trauma, schizophrenia, etc.
- Provides assessment, treatment planning, counselling and referrals.
- Clients must be an adult and be requesting help.
- Clients can self-refer or be referred by someone else, however potential clients must agree to the referral.

Housing Resource Worker

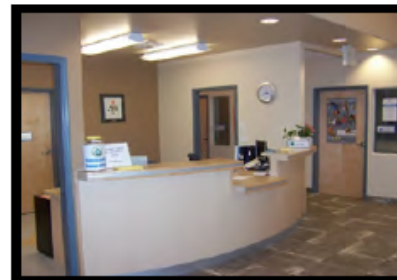
- Helps clients to find decent, low-cost housing and find options to get household supplies.
- Works with other agencies to ensure supports are in place to help individuals to be successful tenants.
- Advocates for improvements in rental units.
- Is a liaison between tenants and landlords.

Addictions Services (AFM)

- In partnership with Prairie Mountain Health, AFM provides help and support for adults and their families who are dealing with an addiction to alcohol, drugs and/or gambling. One-on-one or group sessions are offered.

Community Social Worker

- Works with individuals and families with many needs to ensure everyone is working together towards best care.
- Encourages communication and cooperation.
- Provides short and long term counselling as needed.
- Provides support, problem solving skills and goal setting.
- Available to anyone in the community needing social work services who are not already connected to a case manager.
- Facilitates Triple P and Stress Management group sessions



Cultural Facilitators

- Within health care, provides language support interpretation for individuals who speak Mandarin or Spanish language.
- Organizes informational and cultural education opportunities.
- Offers Cultural Awareness information to service providers.

Consumer Peer Support Facilitator

- Offers peer support to anyone receiving mental health services.
- Provides education to promote positive mental health and build self-esteem.
- Conducts workshops for individuals and groups.
- Provides One-to-one peer support.
- Co-facilitates the Bipolar Support Group

Community Volunteer Income Tax Program (CVITP) March - September

Taxes prepared by a volunteer and filed electronically to Revenue Canada. This service is free for families with an income less than \$35,000.

- From **March - April** clients are able to meet with a CVITP volunteer to have their taxes completed. Clients are also able to use our “drop off” service and leave their tax information at the centre for a CVITP volunteer to complete.
- From **May - September** clients are able to use the “drop off” service.