

PORCUPINE MOUNTAIN DISTRICT PROFILE

LOCATION AND DEMOGRAPHICS









LOCATION	Located in the North zone, Porcupine Mountain district is in the northern part of the PMH region. It is bordered by Lake Winnipegosis to the east and the Saskatchewan border to the west. Duck Mountain Provincial Park is in the south part of the district. The community of Benito is in the southwestern part of the district.
DEMOGRAPHICS	Population ¹ : 8,464 Land Area ² : 5,640 km ² Density: 1.5 persons/km ²
FACILITIES	Benito Primary Health Care Centre, Benito PCH, Camperville Primary Health Care Centre and Duck Bay Community Health Services Office
COMMUNITY HEALTH SERVICES	Public Health, Home Care, Mental Health, Primary Health Care, Emergency Medical Services

DID YOU KNOW?

- ✓ Porcupine Mountain has strong community connections and support (significantly better status on the social deprivation index)
- ✗ Porcupine Mountain has the worst status on the Socioeconomic Factor Index in PMH
- ✗ 10% of Porcupine Mountain residents live with a substance use disorder
- ✗ Porcupine Mountain has the highest prevalence of hypertension in PMH
- ✗ Porcupine Mountain has the highest prevalence of diabetes in PMH

SOCIAL AND ECONOMIC INDICATORS COMPARED TO PMH

LIFE EXPECTANCY³		FEMALE: 81.9 < 83.3 YEARS MALE: 75.6 < 78.3 YEARS	CHILDREN IN LOW INCOME FAMILIES⁴		34.3% > 21.8%
MEDIAN HOUSEHOLD INCOME⁴		\$44,792 < \$54,014	HOUSING AFFORDABILITY⁵		TENANT: 21% < 30% OWNER: 10% = 10%
EDUCATION LEVEL^{4, 6}		30% > 17%	UNEMPLOYMENT RATE⁴		9.8% > 6.6%

NOTES

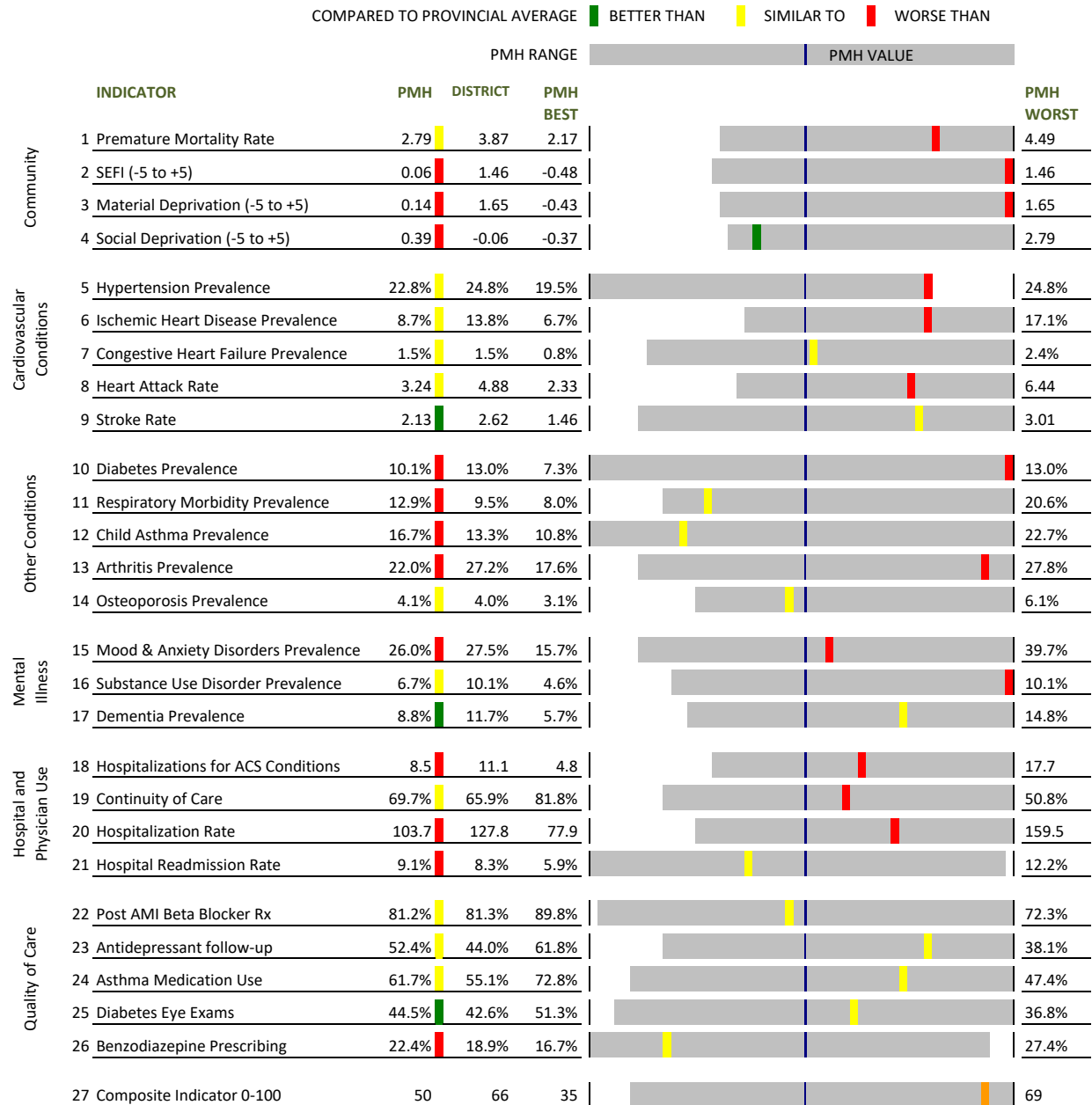
¹ Manitoba Health Population Reports, 2018 ² Land area excludes the unorganized territories.
³ Manitoba Centre for Health Policy RHA Indicators Atlas, 2019 ⁴ Statistics Canada 2016 Census
⁵ Housing affordability is the percentage of households spending 30% or more of total household income on shelter costs. ⁶ Aged 25-64 without a high school diploma

To learn more, check out the complete Community Health Assessment Report at: prairiemountainhealth.ca/CHA-2019

DISTRICT PROFILE INDICATORS

PORCUPINE MOUNTAIN

The chart below shows how the health of the people in this district compares with the rest of Prairie Mountain Health. The districts result for each indicator is shown as a vertical bar. The PMH rate is shown as a blue vertical bar at the centre of the chart. The range of results for all of PMH is shown as the grey shaded area. The colour of the horizontal bar for both the district and PMH values indicates whether the value is significantly lower (green), significantly higher (red) or not significantly different (yellow) to the Provincial average.



Indicator Notes

1. Age & Sex Adjusted Average Annual Premature Mortality Rate 2012-2016, per 1000 age 0-74 2. Socioeconomic Factor Index (SEFI), Canadian Census 2016 3. Material Deprivation, Canadian Census 2016 4. Social Deprivation, Canadian Census 2016 5. Age & Sex Adjusted Hypertension Prevalence 2016/17, age 19+ 6. Age & Sex Adjusted Ischemic Heart Disease Prevalence 2012/13-2016/17, age 19+ 7. Age & Sex Adjusted Annual Average Congestive Heart Failure Prevalence 2011/12-2016/17, age 40+ 8. Age & Sex Adjusted Rates of Acute Myocardial Infarction 2012-2016, per 1000 age 40+ 9. Age & Sex Adjusted Rates of Stroke 2012-2016, per 1000 age 40+ 10. Age & Sex Adjusted Diabetes Prevalence 2014/15-2016/17 (all ages) 11. Age & Sex Adjusted Total Respiratory Morbidity Prevalence 2016/17 (all ages) 12. Age & Sex Adjusted Asthma Prevalence 2015/16-2016/17, age 5-19 13. Age & Sex Adjusted Arthritis Prevalence 2015/16-2016/17, age 19+ 14. Age & Sex Adjusted Osteoporosis Prevalence 2016/17, age 50+ 15. Age & Sex Adjusted Mood & Anxiety Disorders Prevalence 2010/11-2014/15, age 18+ 16. Age & Sex Adjusted Substance Use Disorder Prevalence 2010/11-2014/15, age 18+ 17. Age & Sex Adjusted Dementia Prevalence 2010/11-2014/15, age 55+ 18. Age & Sex Adjusted Rates of Hospitalizations for Ambulatory Care Sensitive Conditions 2016/17, per 1000 age 0-74 19. Age & Sex Adjusted Continuity of Care (> 50% visits to same physician) 2015/16-2016/17, all residents with 3+ visits in 2 yrs 20. Age & Sex Adjusted Inpatient Hospital Separation Rates 2016/17, per 1000 21. Age & Sex Adjusted Percent of Hospital Episodes with a Readmission within 1-30 days 2016/17 22. Proportion of AMI patients with a Beta Blocker Rx within 4 months, 2012/13-2016/17, age 20+ 23. Crude Proportion of Newly Depressed Patients with Appropriate Follow-up Care 2012/13-2016/17 (newly depressed patients all ages) 24. Crude Proportion of Asthmatics with Appropriate Long-term Medications 2016/17 (asthmatics all ages) 25. Crude Proportion of Diabetics who had an Eye Exam 2016/17 (diabetics age 19+) 26. Crude Proportion of Community-Dwelling Seniors with Inappropriate Benzodiazepine Rx 2015/16-2016/17, age 75+ 27. A Composite score of Indicators 1-26 scored 0-100 (lower is better)